



B e y o n d C o m p o s t i n g



**SOLID WASTE MANAGEMENT PLAN**

In order to serve you better we want to bring you up-to-date on our plan for disposing of garbage and recycling material over the next 10 years.

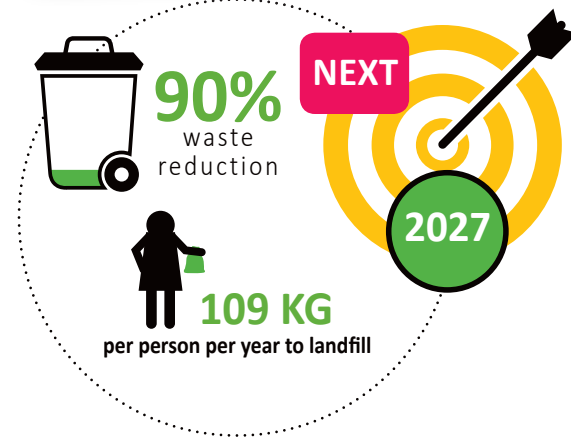
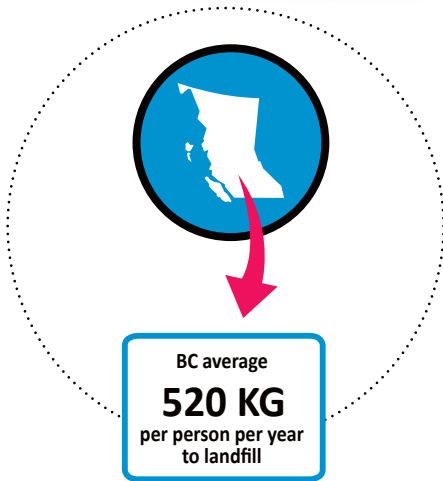
We have been very successful in planning and guiding our region to achieve some of the highest waste diversion and lowest per person disposal rates in the world.



**BRITISH COLUMBIA**

**REGIONAL DISTRICT OF NANAIMO**

**WHERE WE ARE GOING**



**BUILDING ON SUCCESS**

The target for the next plan is 90% waste diversion with an unprecedented per capita disposal rate of 109kg/person/year.

Your Regional Solid Waste Advisory Committee (RSWAC), composed of a cross section of community representatives from agencies, businesses and the public recently:

Adopted the Stage 2 draft which allows Solid Waste staff to approach stakeholders and consult the public on the plan

Supported strengthening the RDN's long term vision of Zero Waste

Proposed and advocated for a 90% diversion target

**WHAT DO YOU THINK?**

Here's how you can learn more and provide your feedback on the update of the region's Draft Solid Waste Management Plan: Visit: [www.rdn.bc.ca/swmp](http://www.rdn.bc.ca/swmp) Email: [zerowaste@rdn.bc.ca](mailto:zerowaste@rdn.bc.ca) Call: 250-390-6560 Mail: 6300 Hammond Bay Road, Nanaimo, BC, V9T 6N2

Green Bin Tips • Medications Return • Commercial Traffic at Landfill

**Beans to bones in the bin!**



## WARM WEATHER GREEN BIN TIPS HOW TO PREVENT ODOURS AND PESTS

Warm weather is on the way and with it a bounty of local fresh fruit, vegetables, and seafood. Remember all food waste or food soiled paper can easily be recycled in your green bin. When the weather heats up, food waste decomposes faster, so here are some tips to prevent odours and pests:

### Wrap it up!

Wrapping wet food waste in a paper towel, newspaper, empty milk cartons or cereal boxes reduces moisture and odours, and prevents nuisances.



### Close it!

Keeping your green bin and kitchen catcher lids tightly closed helps prevent odours.



### Keep it clean!

Hosing out your green bin regularly will remove any food particles and reduce odours, minimize flies and other pests. You can also wash your kitchen catcher and green bin with hot water and bio-degradable detergent.



## Be Bear & Wildlife Savvy



If you reside in a rural area or one frequented by bears and other pests, please remember to:

- Store your green bin and garbage container in a secure location and keep the lids latched.
- Take containers to the curb on the morning of your collection day. Don't leave them out overnight.
- Deodorize the lid and exterior of your green bin with Lysol or bleach solution to prevent food odours from attracting wildlife.

For more tips, see "Dealing with Pests" at [rdn.bc.ca/curbside](http://rdn.bc.ca/curbside).

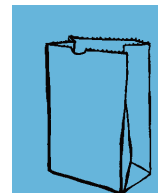
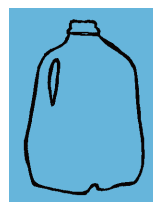
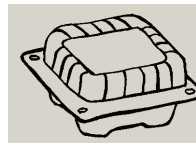
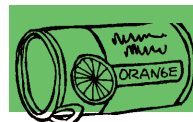
### Freeze it!

Freezing your food waste reduces odours and pests. Keep a small compostable liner bag, paper bag or empty milk carton in your freezer to store cooking grease, bones, and leftover meat and fish scraps. Remember to add them to your green bin on collection day.



## DID YOU KNOW? THE FOLLOWING ITEMS ARE ACCEPTED FOR CURBSIDE COLLECTION

- Tetra Pak (Aseptic) boxes and cartons e.g. soups, sauces
- Paper hot and cold beverage cups
- Paper-based microwave bowls and cups
- Frozen dessert boxes e.g. ice cream
- Aerosol cans (empty) and caps e.g. air fresheners, shaving cream, deodorant, hairspray, whip cream
- Milk and cream cartons
- Spiral wound paper cans and lids
- Paper bags with single and multiple paper layers (may include plastic layer) E.g. pet food bags
- Plastic clamshells
- Shredded Paper (must be in a tied clear plastic bag)
- Plastic cold drink cups and lids
- Plastic garden pots and seedling trays



## CURBSIDE COLLECTION REMINDERS

Simplify your life with the RDN curbside collection reminder feature and mobile app.

Never miss a Collection Day again!

Check out the RDN Curbside app on our Facebook page or visit [www.rdn.bc.ca/curbsideschedules](http://www.rdn.bc.ca/curbsideschedules) and click on the Curbside Collection tab.

Need help setting up a reminder? Call us at 250-390-6560 (or toll free from District 69 at 250-954-3792) and we'll be happy to help.

- EMAIL
- VOICEMAIL
- TWITTER
- ICALENDAR
- DOWNLOAD THE APP



It is recommended that residents download the RDN Curbside App. It will give you access to your collection schedules, reminders for your collection day and the **What Goes Where?** feature. This feature acts as a digital library, giving you the ability to search household materials and determine the appropriate means of disposal. **During the last snow event residents of specific areas with the Curbside App, received notice of the extra collection days.**



**HEALTH PRODUCTS  
STEWARDSHIP  
ASSOCIATION**



## MEDICATIONS RETURN

### Nanaimo region's residents return more than 4,900 kg of old medications annually

Do you know how to safely dispose of your expired or un-used medications? It's easy. Take them back to your pharmacist on your next visit. In recent years, residents in the Regional District have returned more than 4,900 kg of medications annually.

### That's the same weight as more than 1,200 sockeye salmon!

The BC Medications Return Program helps divert medications from being thrown in the trash or flushed down the toilet, where they have the potential to harm the environment, children and pets.

### It's not just prescription

**medications.** The program covers all prescription drugs; over-the-counter medications, including topical antibiotic and antifungal creams; and natural health products such as vitamins, minerals, traditional Chinese medicines, herbal products, probiotics and homeopathic medicines.

Any liquid or cream medications should be kept in their original container with any personal information removed or blacked out, and solid medications such as pills should be combined into a small bag. *For more information, visit [www.healthsteward.ca](http://www.healthsteward.ca).*

There are over 40 pharmacies and drug stores located throughout our region where residents can make use of this free service.

free service  
40 locations

homeopathic medicines

probiotics

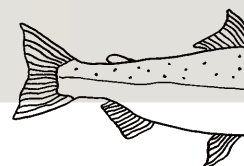
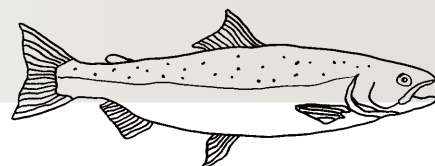
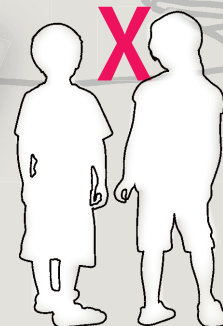
herbal products

traditional Chinese medicines

vitamins and minerals

topical antibiotics and antifungal creams

over the counter medications





## DISPOSE OF EXPIRED MARINE FLARES SAFELY

# HERE'S HOW

Transport Canada requires marine distress flares as safety equipment on recreational boats based on the type and length of the vessel. Flares are valid for four years from the date of manufacture. Expired flares contain hazardous materials and should be disposed of properly, not in household garbage. The following locations accept expired flares:



### AREA H – BOW HORN BAY FIRE DEPARTMENT

220 Lions Way, Qualicum Beach  
Ph. 250-757-9433  
Drop off: Mon. 10 am – 4 pm  
or 7 pm – 9 pm  
No cost: Must be an area resident  
(no large quantities)

### THE HARBOUR CHANDLER

52 Esplanade, Nanaimo  
Ph: 250-753-2425  
Drop off: 9 pm- 5 pm, Mon.- Sat.,  
Sun. 10 am- 4 pm  
No cost- Accept only CIL/CIL  
Orion

### GABRIOLA FIRE DEPARTMENT

760 North Road, Gabriola Island  
Ph. 250-247-9677  
Drop off: Tues. – Fri., 9 am- 4 pm,  
Call first  
No cost

### ERRINGTON FIRE DEPARTMENT

960 Errington Road, Errington  
Ph. 250-248-5601  
Drop off: Call for times  
No cost



For additional information, visit the [What Goes Where?](http://www.rdn.bc.ca) recycling library at [www.rdn.bc.ca](http://www.rdn.bc.ca)

Last year the RDN Curbside program collected over 10,640 tons of garbage, food waste and recycling.

## FUN FACTS

### IN 2016

RDN residents diverted 3,138 tons of food waste from the landfill

## WHAT DOES ZERO WASTE MEAN TO THE RDN?

Zero Waste was a goal adopted by the Regional District of Nanaimo in 2004. This goal set in motion the idea that through coordinated efforts with federal, provincial and local governments and working with residents **we can reach a point where no material from the District is landfilled.** Although success may not be achievable in our lifetime, it will help to drive society to a point where one day waste is a thing of the past.

## COMMERCIAL TRAFFIC AT THE LANDFILL AND TRANSFER STATION

As of February 15, 2017 Commercial customers of the Landfill and Transfer Station will be required to have a hard hat, Hi-Visibility Clothing and Safety Footwear when using the Commercial Disposal Areas.

## WHY?

We all benefit when safety is practiced and followed. These are active areas and the safety of those that use and work in these areas is of our utmost concern.

For more information contact the Regional Landfill at 250-722-2044 or the Church Road Transfer Station at 250-722-2044.



### CONTACT INFORMATION

Email: [zerowaste@rdn.bc.ca](mailto:zerowaste@rdn.bc.ca)  
[www.rdn.bc.ca](http://www.rdn.bc.ca)

Regional District of Nanaimo, Solid Waste Services  
6300 Hammond Bay Rd., Nanaimo, BC V9T 6N2  
Ph. (250) 390-6560 or 1-877-607-4111 (Toll-free)

Beyond Composting

zero|waste