zero waste

Beyond Composting

REGIONAL DISTRICT OF NANAIMO
Garbage, Recycling
& Food Waste Collection
PROGRAM NEWSLETTER

Vol. 11, No. 1, Spring 2014



## GET READY FOR CHANGES TO RESIDENTIAL RECYCLING

**STARTING MAY 19, 2014** 

A new program developed by Multi-Material BC (MMBC) is expanding residential recycling throughout the region on May 19th. Households will be able to recycle up to 15 new materials at the curbside with others accepted at MMBC Drop-Off Depots.

Residents in the region already divert more than 60 per cent of their household waste through recycling and composting. By participating in the expanded recycling program you will help build on this success in reducing landfill waste.

The new recycling opportunities result from changes to BC's Recycling Regulation affecting more than 1.5 million households province-wide. The changes make producers and consumers of packaging and printed paper responsible for the cost of recycling these materials instead of local governments and taxpayers. This is known as Extended Producer Responsibility or EPR.

## Industry-led and funded program

MMBC is a non-profit association formed in



BC to operate the new EPR program. MMBC will compensate the RDN for providing recycling service for its curbside customers. Households served will receive a corresponding reduction in their Garbage and Recycling User Fee.

New recyclable materials collected at the curbside

New recyclable materials that will be accepted at the curb after May 19th include milk cartons, aseptic boxes (Tetra-Paks for soup, sauces etc.), frozen juice cans, aerosol cans, plastic drink cups and lids, and plastic garden pots and seedling trays. Please see the new list of curbside recyclables and green bin (food waste) materials inside this newsletter. This becomes your new list on May 19, 2014.

Recycling, garbage and food waste pick-ups will continue per your collection schedule.

Please do not put out any of the new recyclables before
May 19th as processors will not be ready for them prior to this date. Do not put textiles beside your blue box after May 19th as this material is not part of the new recycling program.



#### Changes to green bin materials

Paper packaging such as paper cups, milk and ice cream cartons will be accepted in curbside recycling. These containers may go in your green bin if they are used to store food waste.

## Recyclable materials collected only at Drop-Off Depots

Starting May 19th, packaging that is difficult to collect at the curbside or may cause contamination of recyclables will be collected MMBC Drop-Off Depots. These materials include non-deposit glass jars and bottles, plastic bags and overwrap, and plastic foam (Styrofoam) containers, trays and cushion packaging. Drop-Off Depot locations are listed on Page 2 of this newsletter.

Visit www.recycling2014.ca for more information
The RDN has prepared a website (www.recycling2014.ca)
that provides detailed information and resources about
the Packaging and Printed Paper recycling program.
Information is also available at

www.recyclinginbc.ca.





## MULTI-MATERIAL BC DROP-OFF DEPOTS



### Where?

to recycle glass containers, plastic bags and overwrap, foam plastic (Styrofoam) The region has six MMBC Drop-Off Depots that starting May 19th will accept non-deposit glass jars and bottles, plastic bags and overwrap, and plastic foam (Styrofoam) containers, trays and cushion packaging. **These items will NOT be included in your curbside recycling program**. These Depots will also accept all other packaging and printed paper materials accepted through the curbside recycling program.

#### **QUALICUM BOTTLE & RECYCLING DEPOT**

Open Tues. – Sat. 9 am – 5 pm 4- 141 Fourth Ave E, Qualicum Beach Ph. 250-752-8884

## PARKSVILLE BOTTLE AND RECYCLING DEPOT LTD.

Open Mon. – Sat. 7 am – 7 pm 611 A Alberni Highway, Parksville Ph. 250-248-0224

#### **ALPINE DISPOSAL & RECYCLING**

Open Mon. – Sat. 8 am – 4:30 pm 2250 McGarrigle Road, Nanaimo Ph. 250-751-1089

Website: www.alpinegroup.ca

#### **REGIONAL RECYCLING**

Open Mon. – Sat. 8:30 am – 5:30 pm, Sun. 10 am – 4 pm

- 1805 Fremont Road, Nanaimo
- 2375 Hayes Road, Nanaimo Ph. 1-855-701-7171

Website: www.regionalrecycling.ca/

nanaimo

#### NANAIMO RECYCLING EXCHANGE

Open Mon. – Sun. 7 am – 7 pm 2477 Kenworth Road Ph. 250-758-7777

Website: www.recycling.bc.ca



## DISPOSE OF EXPIRED MARINE FLARES SAFELY: Here's How:

Transport Canada requires marine distress flares as safety equipment on recreational boats based on the type and length of the vessel. Flares are valid for four years from the date of manufacture. Expired flares contain hazardous materials and should be disposed of properly, not in household garbage. The following locations accept expired flares:

## AREA H – BOW HORN BAY FIRE DEPARTMENT

220 Lions Way, Qualicum Beach Ph. 250-757-9433 Drop off: Mon. 10 am – 4 pm or 7 pm – 9 pm No cost: Must be an area resident (no large quantities)

#### **PARKER MARINE**

1920 E. Wellington Road, Nanaimo Phone: 250-741-1618 Drop off: 8:30 am - 5 pm, Mon. – Fri. Cost: Types B & C, \$2.00 or Types A & D, \$6.00

#### THE HARBOUR CHANDLER

52 Esplanade, Nanaimo
Ph: 250-753-2425
Drop off: 9 pm - 5 pm, Mon. - Sat.,
Sun. 10 am - 4 pm
No cost - Accept only CIL/CIL Orion

#### GABRIOLA FIRE DEPARTMENT

760 North Road, Gabriola Island Ph. 250-247-9677 Drop off: Tues. – Fri., 9 am - 4 pm, call first No cost

#### **ERRINGTON FIRE DEPARTMENT**

960 Errington Road, Errington Ph. 250-248-5601 Drop off: Call for times No cost





Inside Your
Blue Box
CONTAINER
RECYCLABLES:

- Baked goods
- Baking ingredients, herbs, spices
- **Bones**
- Bread, cereal, grains
- Candy
- Coffee grounds, filters, tea bags
- Dairy products, butter, mayonnaise
- Egg shells
- Fruit and vegetable scraps
- Meat, fish/seafood, poultry
- Nuts and shells
- Pasta, rice

#### **SOILED PAPER**

- Paper towels and tissues
- Cardboard (including waxed)
- Paper plates
- Paper fast food packaging
- Paper food packaging (unlined)
- Waxed paper, parchment paper

#### **SOILED PAPER PACKAGING**

(May be placed in Green Bin if used to store food waste)

Ice cream and milk & cream cartons

Gable top juice and soy milk cartons (plastic spouts removed)

Paper cups

#### **OTHER**

Compostable bags (must have certified compostable logo)

Houseplants, cut and dried flowers

#### Do Not Include:

Plastic, metal or Styrofoam

Biodegradable, oxy-degradable or plastic bags

Drink boxes or Tetra Pak containers

Yard and garden waste, feminine hygiene products, pet feces or cat litter

- Aseptic (Tetra Pak) boxes and cartons, e.g., soups, sauces
- Paper-based Microwavable bowls and cups
  - Metal cans and lids
- Aerosol cans (empty) and caps e.g. food, air freshener, shaving cream, deodorant, hairspray
- > Spiral wound paper cans and lids

Aluminum foil wrap, aluminum take-out and baking containers

Plastic bottles, jugs, jars, caps and lids

- Plastic clamshells, e.g., for baked goods, fruit, eggs; trays and tops; tubs and lids
- Plastic cold drink cups and lids
- Plastic garden plant pots and seedling trays

Plastic pails, e.g., for laundry detergent, ice cream, must be less than 25L

#### Remember to:

- **Empty and rinse containers**
- Remove and recycle caps and lids
- Take deposit beverage containers to Return-It Depots
- Remove soil and plant residue from plant pots and trays



Beside Your Blue Box

#### **Cardboard and Shredded Paper**

Flatten large corrugated boxes and tie in bundles no larger than 8" thick (20 cm) X 30" wide (78 cm) X 30" tall (78 cm); staples and tape accepted

Place shredded paper in a tied clear plastic bag (no opaque, coloured or black bags)

#### Do Not Include:

Glass containers, plastic bags, film plastic or foam plastic (Styrofoam)

Take to MMBC Drop-Off Depots

Boxes with wax coatings, e.g., shipping boxes for groceries

Foil-lined cardboard lids

Aerosol cans that contained paint, waxes, polishes, lubricants, solvents, pesticides or hazardous wastes

Motor oil, lubricants, wax, solvents, flammable product, or paint containers

Metal pots, coat hangers, scrap metal or appliances

Chip or foil bags, blister packs

**Textiles** 



Newspapers, inserts, flyers, catalogues, magazines, telephone books

Household paper, envelopes, paper gift wrap, greeting cards

Boxboard boxes, cereal, pizza boxes

Moulded boxboard, e.g., egg cartons, beverage carry-out trays

- Paper hot and cold beverage cups
- Frozen dessert boxes, e.g. ice cream
- Milk and cream cartons
- Paper bags with single and multiple paper layers, e.g., pet food bags

#### Remember to:

- Empty boxboard boxes of leftover food and remove plastic/paper liners
- Empty/rinse paper food containers

#### Do Not Include:

Hardcover or paperback books; non-paper gift wrap, e.g. foil, ribbons or bows; musical greeting cards with batteries; padded envelopes; foil or plastic-lined paper and bags, e.g., for cookies and some pet food; paper towels, napkins or tissues

Straws, non-paper insulating wraps

Chip or foil bags, blister packs

# Curbside Recycling & Green Bin Guide

#### EFFECTIVE MAY 19, 2014

For more information about Packaging and Printed Paper Recycling:

Visit www.recycling2014.ca or recyclinginbc.ca

Contact: RDN Solid Waste Department: 250-390-6560 or 1-877-607-4111 (Toll-free)





#### WARM WEATHER GREEN BIN TIPS HOW TO PREVENT ODOURS AND PESTS

Summer is on the way and with it a bounty of local fresh fruit, vegetables, and seafood. Remember all food waste or food soiled paper can easily be recycled in your green bin. When the weather heats up, food waste decomposes faster, so here are some tips to prevent odours and pests:



Wrapping wet food waste in a paper towel, newspaper, empty milk cartons or cereal boxes reduces moisture and odours, and prevents nuisances.





Close it!

Keeping your green bin and kitchen catcher lids tightly closed helps prevents odours.

## Keep it clean!

Hosing out your green bin regularly will remove any food particles and reduce odours, minimize flies and other pests. You can also wash your kitchen catcher and green bin with hot water and bio-degradable detergent.

If you reside in a rural area or one frequented by bears and other pests, please remember to:

- Store your green bin and garbage container in a secure location and keep the lids latched.
- Take containers to the curb on the morning of your collection day. Don't leave them out overnight.
- Deodorize the lid and exterior of your green bin with Lysol or bleach solution to prevent food odours from attracting wildlife.



## Freeze it!

Freezing your food waste reduces odours and pests.
Keep a small compostable liner bag, paper bag or empty milk carton in your freezer to store cooking grease, bones, and leftover meat and fish scraps.
Remember to add them to your green bin on collection day.



#### RECYCLING OPTIONS FOR MATERIALS NOT ACCEPTED IN YOUR CURBSIDE PROGRAM



BC has more than 20 Product Stewardship or Extended Producer Responsibility (EPR) programs that recycle or safely dispose of items such as batteries, computers, deposit beverage containers, lighting, motor oil, paints, and small appliances.

Product stewardship or EPR materials are not accepted through curbside collection programs. Find approved local depots and retail take-back locations that accept these and other materials by visiting:

Stewardship Agencies of BC – www.bcstewards.com Recycling Council of BC – www.rcbc.ca or calling 1-800-667-4321 RDN Recycling Directory – www.rdn.bc.ca



Email: zerowaste@rdn.bc.ca www.beyondcomposting.ca or www.rdn.bc.ca

Regional District of Nanaimo, Solid Waste Services 6300 Hammond Bay Rd., Nanaimo, BC V9T 6N2 Ph. (250) 390-6560 or 1-877-607-4111 (Toll-free) **Beyond Composting** 





