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## **REGIONAL DISTRICT OF NANAIMO**

# WATER SYSTEMS



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## **Prime Responsibilities**

- Provide safe drinking water.
- Provide potable water for sanitation purposes.
- Provide water for fire suppression.
- Prevent unnecessary loss of stored water.
- Restore the integrity of the entire water system as soon as possible.
- Maintain integrity and quality of supply.

## Emergency Response and Recovery Actions

- Analyze the type and severity of the emergency.
- Provide emergency assistance to save lives.
- Reduce the probabilities of additional injuries or damage.
- Provide situational reporting to appropriate agencies as required.
- Perform emergency repairs based on priority demand.
- Return system to normal levels. (recovery)
- Evaluate response and preparedness plan.
- Revise plan as necessary.
- Provide maps, notices, and direction necessary for water recovery.



## **Communication Checklist**

In an emergency it will be important to contact the key people shown below. This will help reduce confusion and assist in ensuring any important messaging is done so correctly and quickly.

IF REQUIRED, CONTACT EMBC or Island Health BEFORE MAKING THE FOLLOWING CONTACTS AS PER THE EMERGENCY PLANS

## **RDN Priority Contacts**

MANAGER OF WATER SERVICES

WATER SERVICES PROJECT ENGINEER

**DIRECTOR OF WATER/WASTEWATER SRVCS** 

MURRAY WALTERS (250) 390-6560

GERALD ST. PIERRE (250) 390-6560

SEAN DE POL (250) 390-6560

COMMUNICATIONS COORDINATOR

MANAGER OF EMERGENCY SERVICES

CATHERINE MORRISON

(250) 390-4111

LISA MOILANEN (250) 390-4111

## **Key Communication Options**

#### **Management Support**

- Contact Electoral Area Director
- Contact the local radio station and provide a brief message if public health and safety are at risk. Follow up with a press release and post on social media.

#### **Field Staff Support**

- Post notices on household front doors.
- Attach warning signs to existing Watering Restriction signs in each community.
- Put up roadside signage at the entrance to the community.

#### **Administrative Support**

- Provide information message on the RDN web site and social media.
- Review after hours office and voice mail messaging.
- Provide notification to other RDN staff.



## Emergency Contact Numbers Personnel Contacts

NAME	POSITION	PHONE / CELL
Dave Welz	Chief Operator	(250) 248-4914
Heather Dorken	Utilities Technician III	(250) 248-4914
Brian Hale	Utilities Technician III	(250) 248-4914
Murray Walters	Manager of Water Services	(250) 390-6560
Gerald St. Pierre	Project Engineer, Water Services	(250) 390-6560
Deb Churko	Engineering Technologist	(250) 390-6560
Brian Brack	Bylaw Officer (Emerg. Coord. Alternate- 24hrs)	(250) 390-4111
Chris Basara	Bylaw Officer (Emerg. Coord. Alternate- 24hrs)	(250) 390-4111

#### RDN WASTEWATER SERVICES - After-Hours Pager Numbers

French Creek Pollution Control Centre (FCPCC)	1-888-250-7296
Greater Nanaimo Pollution Control Centre (GNPCC)	1-888-777-5998



## **Electoral Area Directors**

Electoral Area	Director	Phone	E-mail Address
Chair	Ian Thorpe	250-713-9135	ian.thorpe@nanaimo.ca
А	Keith Wilson	250-722-1882	keith.wilson@rdn.bc.ca
В	Vanessa Craig	TBD	vanessa.craig@rdn.bc.ca
С	Maureen Young	250-754-5896	maureen young@shaw.ca
E	Bob Rogers	250-468-9986	bob.rogers@rdn.bc.ca
F	Leanne Salter	250-248-8097	leanne.salter@rdn.bc.ca
G	Clarke Gourlay	250-954-7442	<u>clarke.gourlay@rdn.bc.ca</u>
Н	Stuart McLean	250-240-2263	<u>stuart.mclean@rdn.bc.ca</u>

## **Government Agency Contacts**

Ministry of Environment	Nanaimo	(250) 751-3100
RAPP Line (Report All Poachers & Polluters)	Nanaimo	1-877-952-7277
Department of Fisheries and Oceans	Nanaimo	(250) 754-0230
Emergency Management BC (EMBC) and Dangerous Goods Spills (formerly PEP)	Victoria	1-800-663-3456

Island Health (Environmental Health Officer) Parksville (250) 947-8222

- Stacey Sowa- Nanoose Bay Peninsula, and San Pareil Water Systems
- Elizabeth Thomson- Surfside, Melrose, Whiskey Creek, Westurne Heights, and Horne Lake Water Systems
- Nicolas Schmitt- French Creek and Englishman River Water Systems

Island Health (Environmental Health Officer) Nanaimo	(250) 755-6215
<ul> <li>Anthony Griffin- Decourcey Water System</li> <li>Jill Lucko- Descanso Bay and Bollo McClay Water Systems</li> </ul>	
<ul> <li>Murray Sexton, Public Health Engineer</li> <li>Dr. Paul Hasselback, Medical Health Officer or after hours</li> </ul>	(250) 755-6293 (250) 739-6304 1-800-204-6166
City of Parksville	(250) 248-5412

(200) 240-0412
(250) 752-6921
(250) 390-4006
(250) 722-3711
(250) 247-2063



## **Emergency Services**

Hospital	Nanaimo Parksville ph. Oceanside Ctr Gabriola Clinic	(250) 754-2141 (250) 248-2332 (Nan hospital) (250) 951-9550 (250) 247-9922
Ambulance	Nanaimo Parksville	911 or (250) 758-8181 911 or (250) 248-3511
Police	Nanaimo Parksville Gabriola Isl	911 or (250) 754-2345 911 or (250) 248-6111 911 or (250) 247-8333
Fire Department	Parksville Coombs-Hilliers Nanoose Bay Qualicum Beach Cedar Gabriola Isl	911 or (250) 248-3242 911 or (250) 752-2144 911 or (250) 468-7141 911 or (250) 752-6921 911 or (250) 722-3122 911 or (250) 247-5601

## **Priority Services**

BC Hydro (Qualicum Beach number)	(250) 752-8012 or
BC Hydro (Power Outages & Electrical Emergencies)	1-888-769-3766
Telus	(250) 811-2323 or
FortisBC (Terasen Gas)	(250) 248-4880
Shaw Cable (Nanaimo)	(250) 754-5571
CP Rail	1-800-716-9132
French Creek Pollution Control Centre	(250) 248-5794
Chlorine Manufacturer (Brentagg)	1-800-661-1830



## **Community Contacts**

District 69 School Board Office		(250) 248-4241
Nanoose Bay School		(250) 468-7414
Nanoose Children's Centre		(250) 468-1784
Nanoose Place		(250) 468-5339
Nanoose Post Office		(250) 468-7722
Canadian Forces Base Nanoose		(250) 756-5021 or 468-5004
	or	(250) 468-2260 (MP Stn-24hr)
Descanso Bay Reg Park Operator(1)- Calvin Nguyen		(250) 713-4571
Descanso Bay Reg Park Operator(2)- Jessica Sedlock		(778) 806-0897
Horne Lake Reg Park Operator- Bill Woodhouse		(250) 927-4790

## **Excavation Services**

Shoreline Equipment (Doug Penny) Rite on Time Excavation & Trucking (Cody) Degnen Excavators (Gabriola Isl) (250) 468-7759 or 755-9502 (250) 927-1645 (250) 247-8817

## **Electrical Contractors**

Canem Electric
HPS Power Ltd. (Harvey Sommerfeld)
TC Trades (Tom Frenette)
Ron Ruckman (Descanso Bay/Gabriola Isl)

(250) 468-1887 (250) 954-7463 (250) 756-0077 or 668-0078 (250) 247-0050

## **Other Services**

Plumbing Services (Maci Motor - Pump Repair)	(250) 248-4423
JC Plumbing (Descanso Bay/Gabriola Isl)	(250) 247-7574 or 713-6700
EPCOR (Parksville)	(250) 951-2460
Sand and Gravel (Ozero)	(250) 752-1482
Sand and Gravel (Lussier & Sons)	(250) 468-9994
Sand and Gravel (DBL)	(250) 248-3693
Mainroad Contracting Road Maintenance Hotline	1-877-215-6006
Mainroad Contracting (Parksville) <a href="mailto:kmcmillan@mainroad.ca">kmcmillan@mainroad.ca</a>	(250) 586-8884
Mainroad Contracting (Nanaimo/Cedar) <a href="mailto:rheaslip@mainroad.ca">rheaslip@mainroad.ca</a>	1-877-215-6006



## **Other Services**

Pump Truck (Action Tank Service)	(250) 248-3833
Pump Truck (Coast Environmental)	(250) 390-5080
Pump Truck and Toilet Rentals (A-1 Septic)	(250) 248-4438
Portable Washrooms (Coast Toilet Rentals)	(250) 753-7552
Bulk water supply (BC Water Service)	(250) 954-3628
Running Water Enterprises (Red Williams)	(250) 947-5197
Bottled water supply (Water Pure & Simple)	(250) 752-1373
Island H2O Services	(250) 754-4721
Summer Rain Water Delivery (Gabriola Isl)	(250) 247-9136
Kalicum Drilling	(250) 245-1220
RDN- Use our own water hauling tank and truck	(250) 248-4914

## **Suppliers**

Four Star Waterworks (piping)	(250) 954-3546
EMCO Water Works	(250) 756-3344
Corix Water Products	(250) 746-8877
Andrew Sheret (Parksville)	(250) 954-9997
Andrew Sheret (Nanaimo)	(250) 758-7383
Island Equipment Rentals (equipment & pumps)	(250) 248-1100
Irritex Pumps and Irrigation – (pumps)	(250) 248-7028
Windsor Plywood (miscellaneous building supplies)	(250) 752-3122
Albertsons Hardware (miscellaneous building supplies)	(250) 248-6888
Robinson Rentals	(250) 753-2465
United Rentals	(250) 758-3911

## **Media Services**

Lisa Moilanen, RDN Communications Coordinator	(250) 927-0271
Radio Station (CKWV) Nanaimo and Parksville	(250) 758-1131
TV Station (CHEK)	(250) 383-2435
Newspaper (PQ News and The Weekender)	(250) 248-4341
Gabriola Sounder	(250) 247-9337



## **Emergency Response** <u>ACTION PLANS</u>

Emergency (Listed Alphabetically)	Actions	Contact
Backflow or Back Siphonage	<ul> <li>Notify Env. Health Officer</li> <li>Notify users to boil water</li> <li>Call for repairs</li> <li>Use alternate disinfection</li> <li>Purge and disinfect lines</li> <li>Post signs and/or deliver notices</li> </ul>	<ul> <li>Island Health</li> <li>RDN Supervisory personnel</li> </ul>
Bacteria Count (RDN Lab)	<ul> <li>Notify Env. Health Officer</li> <li>Follow procedures from local health officials</li> <li>Post signs and/or deliver notices</li> <li>Use alternate disinfection</li> <li>Re-sample</li> </ul>	<ul> <li>Island Health</li> <li>RDN Supervisory personnel</li> </ul>
Broken Water Main	<ul> <li>Shut off pump and prevent backflow into main</li> <li>Call for repairs – i.e. excavator</li> <li>Notify Env. Health Officer</li> <li>Notify users of interruption</li> <li>Arrange alternate source if necessary</li> </ul>	<ul> <li>Island Health</li> <li>RDN Supervisory personnel</li> </ul>



Emergency (Listed Alphabetically)	Actions	Contact
Chlorination Failure	<ul> <li>Notify Env. Health Officer</li> <li>Shut off well pumps and monitor reservoir levels</li> <li>Notify users to boil water</li> <li>Post signs and/or deliver notices</li> <li>Arrange chlorinator repairs</li> <li>Arrange for alternate disinfection</li> </ul>	<ul> <li>Island Health</li> <li>RDN Supervisory personnel</li> <li>Chlorinator Manufacturer</li> </ul>
<b>Contamination of</b> <b>Source</b> (Turbidity over 1 NTU, Spills, Accidents, Vandalism)	<ul> <li>Notify Env. Health Officer</li> <li>Shut down pump</li> <li>Notify users</li> <li>Contact local media</li> <li>Post signs and deliver notices</li> <li>Arrange alternate source if necessary – i.e., bottled water</li> <li>Fire dept not to use fire hydrants</li> </ul>	<ul> <li>Island Health</li> <li>EMBC (Emergency Management BC)</li> <li>RCMP if there has been vandalism</li> <li>Ministry of Environment</li> <li>RDN Supervisory personnel</li> </ul>
Drought Management Plan	<ul> <li>Monitor local well levels, streamflow, prov. drought rating, and prov. wildfire rating</li> <li>Review history, predict shortages</li> <li>Promote conservation strategies</li> <li>Maintain storage for fire flows</li> <li>Implement watering restrictions</li> <li>Reduce flows from all wells</li> <li>Adjust chlorine dosing levels</li> </ul>	<ul> <li>Island Health</li> <li>EMBC (Emergency Management BC)</li> </ul>



Emergency (Listed Alphabetically)	Actions	Contact
Flood Conditions	<ul> <li>Notify Env. Health Officer</li> <li>Notify EMBC</li> <li>Notify users</li> <li>Post signs and deliver notices</li> <li>Contact local media</li> <li>Arrange alternate source if necessary – i.e., bottled water</li> <li>Fire dept not to use fire hydrants</li> </ul>	<ul> <li>Island Health</li> <li>EMBC (Emergency Management BC)</li> <li>Ministry of Environment</li> <li>RDN Supervisory personnel</li> </ul>
Loss of Source (Loss Of Reservoir or Supply Lines)	<ul> <li>Notify Env. Health Officer</li> <li>Ensure pumps are shut off (to protect pump)</li> <li>Notify users of interruption</li> <li>Arrange alternate source</li> <li>Call for repairs</li> </ul>	<ul> <li>Island Health</li> <li>Ministry of Environment</li> <li>RDN Supervisory personnel</li> </ul>
Power Failure	<ul> <li>Call BC Hydro. Ask how long?</li> <li>Use back-up generator</li> <li>Notify Env. Health Officer</li> <li>Notify users of interruption</li> <li>Post signs and/or deliver notices</li> <li>Arrange alternate source</li> <li>Arrange alternate disinfection</li> </ul>	<ul> <li>Island Health</li> <li>RDN Supervisory personnel</li> </ul>
Pump Failure	<ul> <li>Notify users of interruption</li> <li>Call for repairs</li> <li>Notify Env. Health Officer</li> <li>Arrange alternate source</li> </ul>	<ul> <li>Island Health</li> <li>RDN Supervisory personnel</li> </ul>



Emergency (Listed Alphabetically)	Actions	Contact
UV Failure	<ul> <li>Check if UV unit is working and clean the UV bulb</li> <li>Arrange for UV repairs</li> <li>Notify Env. Health Officer</li> </ul>	<ul> <li>Island Health</li> <li>RDN Supervisory personnel</li> <li>UV Manufacturer</li> </ul>
	<ul><li>Use alternate disinfection</li><li>Use alternate source</li></ul>	



## **APPENDICES**

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# **ATTENTION:**

# **BOIL WATER NOTICE**

Water Service Area



### **Effective Date:**

SAMPLE

Please note that all water used for domestic purposes (drinking, cooking, etc.) should be boiled before consumption. The boiling should be at a rolling boil and for a minimum of two (2) minutes.

RDN Water Services staff are continually monitoring the water supply system and will provide updates as they become available.

Watch for information updates at <u>www.rdn.bc.ca</u> (Water Services) and listen to your local radio station for more information.

This order will be in effect until further notice.

## Thank you



WATER SERVICES DEPT.

Phone 250-954-3792 Toll Free 1-877-607-4111 Fax 250-390-1542 e-mail <u>rcu@rdn.bc.ca</u> web <u>www.rdn.bc.ca</u>



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REGIONAL DISTRICT OF NANAIMO

#### BOIL WATER NOTICE INFORMATION FOR THE GENERAL PUBLIC DURING A BOIL WATER NOTICE CAUSED BY: INADEQUATE DISINFECTION

This information is provided as a guide to help individuals reduce the risk of becoming ill from ingesting non-potable water. Individuals who follow these guidelines will greatly reduce their chance of becoming ill.

#### What is a Boil Water Notice?

A Boil Water Notice is a public announcement advising water system users that they should boil their tap water for drinking and other domestic purposes. It is a notice intended to protect the Publics' health from waterborne infectious agents that could be present or are known to be present in the community's drinking water supply.

#### What is the difference between a Boil Water Notice and a Boil Water Order?

A Boil Water Notice is a notice issued to the public as a health warning. In most cases it is the water supplier who notifies the public.

A Boil Water Order is legal document issued to the water supplier by the Health Authority requiring the water supplier to notify the public of a boil water notice.

#### What are the health risks during a Boil Water Notice?

The health risks are associated with ingesting water that contains microbiological agents that can cause disease. These pathogenic (disease causing) agents could include *Giardia, Cryptosporidia, E. coli, Campylobacter, Salmonella* and *Hepatitis A*. Boiling tap water for one minute is sufficient to destroy pathogens that could be present in the water.



There are numerous factors that influence whether a person becomes ill. First, there must be pathogens present in the water you consume. Not every glass of water is likely to contain pathogens. Even if the water you consume contains pathogens, those pathogens that are present must be viable. That is, they must be in a state where they can cause an illness and they must be present in large enough numbers to cause an illness. The number of pathogens needed to cause illness depends on the type of pathogen present, a person's size, age, and immune status.

The incubation period (time for symptoms to develop) will vary depending on the type of pathogen. For example, Giardia (beaver fever) could take up to four weeks to develop symptoms whereas E. coli could take up to ten days and as little as two days. For more information on waterborne diseases go to the following BC Health File;

#### https://www.healthlinkbc.ca/health-topics/tf6354

Any persons believing that they are ill should see their doctor. Patients are sometimes requested to submit samples for laboratory analysis to assist in waterborne outbreak investigations.

It is important to note that Boil Water Notices are specific to microbiological threats. They are not appropriate to address threats from chemical contamination. Boiling chemically contaminated water will only result in the chemical becoming more concentrated or release the chemical into the air where it could be inhaled.

When there is a threat to a water supply from a chemical contaminated a more appropriate public health notice of "Do Not Drink the Water" would be issued.



#### What am I trying to kill when I'm boiling the water?

Boiling water is recommended to kill pathogenic microbes that may be present in contaminated water. Bacteria such as E. coli and Salmonella are killed rapidly at temperatures over 60°C and a temperature of 72.4°C for 1 minute is needed to inactivate cryptosporidium. *Hepatitis A* and *Norovirus* are rapidly inactivated at temperatures above 65°C.

Based on the above information there is no need to boil water for prolonged periods of time. Although heating water to boiling is not needed it is the only end point easily recognized by the public without the use of thermometers. It is therefore recommended that the public bring the water to a rolling boil for one minute to ensure that all pathogens have been inactivated.

One minute should be added to the above boiling times if the water is cloudy or highly colored to ensure proper mixing and that all pathogens have been exposed to the high temperature. When boiling water at altitudes above 2000m (6,500 ft), water should be boiled for 2 minutes.

#### How can the water become contaminated?

The water can become contaminated in a variety of ways. Some of these include:

- Heavy rainfall can wash contaminants into the water source
- Accidental spills in the water supply
- Breakdown of the disinfection process
- Break in water supply mains
- Vandalism
- Connections within the water system between potable and non-potable piping.



#### Is it necessary to boil all the water in the home during a boil water notice?

No, it is not necessary to boil all your water. Water used for bathing, showering, laundry, toilet flushing and mopping of floors does not need to be boiled. During bathing, young children should be cautioned against swallowing the bath water or alternatively young children could be sponge bathed.

All other water should be boiled. Simply put, any water that has a chance of being ingested should be boiled. This would include water used for drinking, beverage concentrates, ice cubes, washing fruits and vegetables, or brushing teeth.

Severely immune-compromised individuals should always boil their tap water for the purposes above. See the link to BC Health Files below (updated in 2017).

https://www.healthlinkbc.ca/healthlinkbc-files/preventing-water-borne-infection

Infant formulas should always be prepared by using boiled tap water or bottled water that is boiled. See the link to Island Health below.

http://www.viha.ca/mho/water/boil water/index.html

Drinking water for pets including dogs, cats, birds and reptiles should also be boiled.

#### How should tap water be boiled properly?

Tap water should be boiled for at least one minute. Use any clean pot or kettle. Kettles that have automatic shut offs are acceptable.



#### How should tap water be boiled properly? (continued)

Health Canada suggests that microwave ovens can also be used using microwavesafe containers but cautions against forming superheated water (water heated above its boiling point without the formation of steam). When using microwaves, Health Canada suggests inserting a glass rod, wooden or plastic spoon in the container to prevent forming superheated water.

After boiling, let the water cool by leaving it on the counter or in the refrigerator in covered containers. Once the water is boiled, it can be stored in food grade containers at room temperature or in the refrigerator.

Shaking the water in the container or pouring the water between two containers and/or adding a pinch of salt can bring back flavor after boiling.

#### Are there alternatives to boiling water?

Yes, there are. Although there are alternatives, not all of them will be feasible or practical in all situations. In part, it will depend on how much water you need and what you need it for. Safe alternatives to boiling water include:

- Using commercially prepared bottled water
- Obtaining water from an approved source that is not on a boil water notice, or
- Using bleach to disinfect small quantities of tap water. See the following chart or website for a guide to using bleach.

#### http://www.bchealthguide.org/healthfiles/hfile49b.stm

Disinfection using unscented household bleach (5% chlorine) works best with warm water. Add bleach to the water, shake or stir for thorough mixing and then let it stand for at least 30 minutes before drinking.



Gallons of water to disinfect (equivalent shown in brackets)	Amount of Household bleach (5%) to add*
1 gal. (4.5 litres)	2 drops (0.18 mL)
2 1⁄2 gal. (10 litres)	5 drops (0.4 mL)
5 gal. (23 litres)	11 drops (0.9 mL)
10 gal. (45 litres)	22 drops (1.8 mL)
22 gal. (100 litres)	<sup>3</sup> ⁄ <sub>4</sub> teaspoon (4 mL)
45 gal. (205 litres)	1 1/2 teaspoons (8 mL)
50 gal. (230 litres)	1 <sup>3</sup> ⁄ <sub>4</sub> teaspoons (9 mL)
100 gal. (450 litres)	3 1/2 teaspoons (18 mL)
220 gal. (1000 litres)	8 teaspoons (40 mL)
500 gal. (2200 litres)	6 tablespoons (90 mL)
1000 gal. (4550 litres)	6 <sup>1</sup> / <sub>2</sub> ounces or 12 tablespoons (180 mL)

A slight chlorine odour should still be noticeable at the end of the 30-minute waiting period if you have added enough bleach. If not, repeat the dosage and allow the water to stand an additional 15 minutes. If the water has too strong a chlorine taste, allow the water to stand exposed to the air for a few hours or pour it from one clean container to another several times.

The disinfection action of bleach depends as much on the waiting time after mixing as to the amount used. The longer the water is left to stand after adding bleach, the more effective the disinfection process will be.

#### NOTE: Bleach does not work well in killing off Cryptosporidium parasites.

The amount of bleach needed to kill *Cryptosporidium* makes the water almost impossible to drink. If *Cryptosporidium* is in the water, boiling is the best way to ensure that the water is safe to drink.



#### I have my own water treatment device do I still need to boil my water?

If the device is designed to improve taste or reduce odour such as an activated carbon filter the answer is **YES** you should still boil your water.

If the device is designed to improve the chemical quality of the water such as reducing the iron content then the answer is **YES** you should still boil your water.

If the device is designed to improve water that is already potable the answer again is **YES** you should still boil your water.

There are numerous filters on the market designed to remove microorganisms and particulates. Most of these filters are not capable of removing viruses. Therefore, you should boil your water if you have a unit that cannot remove viruses.

If the device is designed to disinfect (destroy pathogens) water such as in an ultraviolet light (UV) disinfection unit you **might not** need to boil your water. There are numerous ultraviolet units; some are designed to disinfect raw water and some are designed to disinfect water that has already been disinfected at a central facility. For example, if the unit is classified by the National Sanitation Foundation (NSF) as meeting NSF Standard 55 Class A, it is designed to disinfect raw water. However, if the water within the distribution system is too turbid or cloudy, even a UV unit meeting NSF Standard 55 Class A may not work properly and you should still boil your water.

Reverse osmosis (RO) units are designed to filter water at the molecular level and should provide water that is free of pathogens. Thus, you **do not** have to boil your water if you have a reverse osmosis water treatment device.



There are many types of units on the market each designed to address specific water quality issues. It is recommended that you check with the unit's manufacturer to know exactly what your unit can do.

#### Can I purchase water from vending machines?

It depends on how the water is treated. Local vending machines that use local water would only be acceptable if the vending machine can kill pathogens that might be present in the water. Check with the store or manufacturer to see if the unit is capable of providing water that is safe to drink.

Warning signs should be posted on vending units that are not capable of providing safe water. Alternatively, the machine should be turned off.

#### Are there any people or groups of people at higher risk?

Yes. These people include any individual whose immune system is not fully developed or whose immune system is under stress such as infants, the elderly, immune compromised individuals and individuals already suffering from an illness. For more information go to the following BC Ministry of Health websites:

BC Health File: weakened immune systems http://www.bchealthguide.org/healthfiles/hfile56.stm.

BC Health File: preparing infant formula <a href="http://www.bchealthguide.org/healthfiles/hfile69b.stm">http://www.bchealthguide.org/healthfiles/hfile69b.stm</a>.

#### Boil water or provide an alternative safe supply of water that is used for:

- Drinking purposes- This includes all beverage concentrates such as fruit juice and iced tea
- Food preparation- This includes washing of fruits and vegetables
- Food contact surfaces



# Boil water or provide an alternative safe supply of water that is used for: *(continued)*

Food contact surfaces are all those surfaces that food comes into contact with during the food preparation process. These surfaces include counter tops, cutting boards and chopping blocks. Food contact surfaces should be washed with clean water and then sanitized using an acceptable sanitizing agent. Sanitizing agents for food contact surfaces include bleach (12-15 mL of 5% bleach per litre of water), iodophors, quaternary ammonia compounds or hydrogen peroxide (3% solution).

- Oral hygiene (brushing teeth)
- Infant formula; see BC Health File; preparing infant formula at <u>https://www.healthlinkbc.ca/healthlinkbc-files/making-storing-formula</u>
- Ice making

It is important to note that freezing does not destroy most pathogens. Bacteria and viruses can survive in frozen products for long periods of time. Discard any ice made from contaminated or potentially contaminated water.

#### Hand washing

Using warm water and soap should be sufficient. Applying a hand sanitizer after washing with tap water would add an extra barrier of protection.

#### **Dishwashing by hand**

Dishes washed by hand should be sanitized for two minutes in a separate sink using a bleach solution (2 mL of bleach per litre of water) after the dishes have been washed and rinsed. The dishes should then be left to **air dry** prior to being used. Attempting to wash and sanitize dishes in the same sink at the same time is not recommended because soap, grease and food particles interfere with the sanitizing process.



#### Mechanical dishwashers

Most residential home-style dishwashers do not provide a high enough temperature to kill all pathogens. Dishwashing units that reach 82 degrees Celsius (180 Fahrenheit) for twelve seconds (or an equivalent time-temperature relationship) during the final rinse cycle will destroy pathogens.

To optimize the disinfection process while using a residential dishwasher you should consider:

- 1. Using the highest temperature setting possible.
- 2. Running dishes through the dishwasher twice.
- 3. Sanitizing dishes afterwards in a sink containing a weak bleach solution(see dishes washed by hand above).
- 4. Letting the dishes air dry prior to use

#### Fruit and vegetable washing

Thoroughly wash all produce with potable water especially those that are going to be eaten raw. This is a common sense practice that should be applied even when there is no public boil water notice.

#### **Coffee Machines**

Coffee machines usually produce water around 70 to 80 degrees Celsius, which is sufficient to destroy pathogens. However, a sufficient amount of time is needed to ensure that all harmful organisms are destroyed. Therefore, let the coffee stand for at least five minutes before drinking.

#### Home canning

To be safe, postpone home canning until the boil water notice has been rescinded.



#### Beer and wine making

To be safe, postpone beer and wine making until the boil water notice has been rescinded.

#### When will the Boil Water Notice be rescinded?

Only when the water supplier can provide potable water will the Health Authority rescind the Boil Water Notice. Once or more of the following usually achieves confirmation that the water is once again safe to drink.

These include:

- Identifying and fixing the source or sources of the problem,
- Implementing procedures to eliminate or reduce the chance for reoccurrence
- Performing water quality tests
- Flushing and disinfecting distribution lines and water storage facilities

#### Precautions to consider when the Boil Water Notice is lifted

- Flush all water-using fixtures for 1 minute
- Run cold-water faucets and drinking fountains for 1 minute before using water
- Drain and flush all ice-making machines in your refrigerator
- Run water softeners through a regeneration cycle
- Drain and refill hot water heaters set below 45 deg C (normal setting is 60 deg C)
- Change any pre-treatment filters (under sink style and refrigerator water filters, carbon block, activated carbon, sediment filters, etc.)



# Can I speak to a person in Public Health if I have a question about the Boil Water Notice?

Yes you can. For further information contact Island Health Officers at the following locations:

- Victoria ph. 250-519-3401
- Nanaimo ph. 250-755-6215
- Parksville ph. 250-947-8222
- Courtenay ph. 250-331-8518
- Island Health Office 6475 Metral Drive, Nanaimo, BC
- Island Health Office 489 Alberni Hwy, Parksville BC

After hours Medical Health Officer on call is 1-800-204-6166.

# Additional information can be found at the following BC, Canadian and US websites. These are:

BC Health File; how to disinfect drinking water https://www.healthlinkbc.ca/healthlinkbc-files/disinfecting-drinking-water

BC Health File; weekend immune systems and water-borne infections <u>https://www.healthlinkbc.ca/healthlinkbc-files/preventing-water-borne-infection</u>

BC Health; Drinking Water Health Topics <u>https://www2.gov.bc.ca/gov/content/health/about-bc-s-health-care-</u> <u>system/office-of-the-provincial-health-officer/current-health-topics/drinking-</u> <u>water-health-topics</u>

BC Health File; cryptosporidiois https://www.healthlinkbc.ca/healthlinkbc-files/cryptosporidium-infection

BC Health File; giardiasis https://www.healthlinkbc.ca/healthlinkbc-files/giardia-infection



US EPA how to boil water and use bleach

https://www.epa.gov/ground-water-and-drinking-water/emergency-disinfectiondrinking-water

US Centre for Disease Control; preventing cryptosporidiosis infection <a href="https://www.cdc.gov/parasites/crypto/index.html">https://www.cdc.gov/parasites/crypto/index.html</a>

US Centre for Disease Control; Giardia fact sheet <u>https://www.cdc.gov/parasites/giardia/prevention-control-general-public.html</u>

US Centre for Disease Control; Drinking bottled water https://www.cdc.gov/healthywater/drinking/bottled/index.html

US Centre for Disease Control; Private Water Systems https://www.cdc.gov/healthywater/drinking/private/index.html

#### Information sources for developing this package includes

- BC Ministry of Health
- Health Canada
- Alberta Environmental Health
- Washington State Department of Health
- BC Centre for Disease Control
- US EPA (Environmental Protection Agency)
- US Center for Disease Control
- NSF (National Sanitation Foundation)
- DWO (Drinking Water Officer's) Guide



# **ATTENTION:**



# This water is considered **UNFIT** for drinking or domestic use.



# **EFFECTIVE:**

For further information, please contact the RDN at the numbers given below.

## Thank you



WATER SERVICES DEPT.

Phone 250-954-3792 Toll Free 1-877-607-4111 Fax 250-390-1542 e-mail <u>rcu@rdn.bc.ca</u> web <u>www.rdn.bc.ca</u>



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# **ATTENTION:**

## WATER SERVICE INTERRUPTION

Water Service Area:	SAMPLE	
Date:		
Location:		
Hours:		

The Regional District of Nanaimo wishes to notify you that while improvements to the water system are in progress, water service will be interrupted. The above time period is not definite, as the RDN will endeavor to keep you in service for as long as possible and have the water back in service as quickly as possible after the initial shutdown occurs.

When service is resumed, the water may be discoloured. This is due to disturbed deposits in the pipes and is not harmful. The RDN is not responsible for any damage resulting from interrupted service. If you have any questions or require further information, please contact the RDN at the numbers provided below.

## Thank you



DISTRICT

WATER SERVICES DEPT.

Phone 250-954-3792 Toll Free 1-877-607-4111 Fax 250-390-1542 e-mail <u>rcu@rdn.bc.ca</u> web <u>www.rdn.bc.ca</u>



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